



## **The Limitless Women Podcast How Am I Going to Get It All Done?**

Have you ever wondered, “How am I going to get it all done?” You know that feeling of being overwhelmed with a full calendar and so many obligations to be met. You’ve got strategies to schedule your time, you know how to get things done, and still there’s too many things to do. The answer to that question is actually a simple one.

The secret sauce to really being successful in life and business is to allow yourself to receive support. So if you are looking for what to do when you're feeling overwhelmed, you've got to allow yourself to think differently.

In today’s podcast episode, I’ll share with you my tips to overcoming overwhelm and get on a path to true growth.

### **Want to skip head? Episode Highlights**

- [00:27] Learn what will be covered in today’s episode!
- [01:11] Discover about your secret sauce to being really successful in business and life.

### **Episode Transcript**

*[MC]* Welcome to the Limitless Women Podcast. Our mission is to help women business owners, like you, grow profitable businesses and actualize your opportunities to serve and give to yourself and others. Here's your host, the founder of Limitless Women, Laura Gisborne.

*[Laura Gisborne]* Thanks for listening to the Limitless Women Podcast. This episode is an excerpt from a video series on business tips I created for you. If you find this valuable and want to have a deeper, longer training, visit the Limitless Women YouTube channel, subscribe and check out the rest of the series.

One of the most common questions I hear from clients and friends is, "How am I going to get it all done?" This overwhelm kicks in. There are so many things to do. We've got some great tactics and strategies for how to schedule your time, how to get things done, but what I wanted to share with you in today's video is that the answer to that question of "How am I going to get it all done?" is actually, you're not.



The secret sauce to really being successful in life and business is to allow yourself to receive support. Now, I remember when we first started doing real estate investing and we were doing great and we were moving along, and my first mentor said to me, "Laura, you're doing great and at some point, you're going to need to use other people's money if you really want to scale and grow." I said, "No, no, no. We've got this figured out." He said, "Okay." Of course, he was right and we learned. We hit a ceiling and we realized at some point, there was only so much we could do with our own dollars and cents. We had to bring in partners and investors to really grow the impact we were wanting to create.

It's like this for you and your business. You have a finite amount of time. There's one of you and there's something you're really great at doing. As you become successful in business, what will happen is that you've got to learn to let go of the reins. You've got to allow yourself to be supported and the secret sauce here is in learning how to build a team.

The mindset of "How am I going to afford to hire this person?" is not what you're wanting to look at. What you're wanting to look at is, "How do I know I'm ready? And if so, how do I actually bring on the team and learn how to be supported?" I have a great longer video on this training that's all about how to know you're ready and where and how to hire your rock star team. I'm attaching the link to that video here, so if this is an area where you know it's time for you to grow, I encourage you to be patient with the process, be compassionate with yourself, and feel into it time for you to really allow yourself to receive some support so that you can impact more people and change the world.

*[MC]* Did you know that Limitless Women offers an online community, a premiere business school and annual live events? Find out what Limitless Women has for you at [LimitlessWomen.com](http://LimitlessWomen.com).